**Duxford Primary School Menu**

**WEEK 1**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY  (Pasta Day) | TUESDAY  (Tuck in Tuesday) | WEDNESDAY  (Warming Wednesday) | THURSDAY  (Favorites Day) | FRIDAY  (Frishday) |
|  |  |  |  |  |  |
| **Red (Meat)** | Beef Lasagne  Garlic Bread  Seasonal vegetables | Sawston bangers and mash!  Spaghetti hoops | Roast Chicken  Roast potatoes  Seasonal vegetables  Stuffing and gravy | Sawston Beef Burger  Seasoned wedges  Baked beans/salad | Battered Fish fillet  Chips  Garden peas  Ketchup |
| **Yellow (Meat free)** | Vegetarian Lasagne  Garlic Bread  Seasonal vegetables | Veggie Sawston bangers and mash!  Spaghetti hoops | Roasted vegetables in Yorkshire pudding  Roast potatoes  Seasonal vegetables  Stuffing and gravy | Sawston Veggie Burger  Seasoned wedges  Baked beans/salad | Quorn dippers  Chips  Garden peas  Ketchup |
| **Blue option** | Jacket potato with cheese or beans | Jacket potato with cheese or coleslaw | Jacket potato with tuna mayonnaise | Jacket potato with ham | Jacket potato with cheese or tuna |
| Desert Table  (choice of 1) | Shortbread  Fresh fruit  Yoghurts  Cheese & crackers | Apple crumble with custard  Fresh fruit  Yoghurts  Cheese & crackers | Jelly or cherry muffin  Fresh fruit  Yoghurts  Cheese & crackers | Jam tart  Fresh fruit  Yoghurts  Cheese & crackers | Waffle and sauce  Fresh fruit  Yoghurts  Cheese & crackers |

**Bread available every day**

**WEEK 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY  (Pasta Day) | TUESDAY  (Tuck in Tuesday) | WEDNESDAY  (Warming Wednesday) | THURSDAY  (Favorites Day) | FRIDAY  (Frishday) |
|  |  |  |  |  |  |
| **Red (Meat)** | Spaghetti Bolognese  Garlic bread  Seasonal vegetables | Mild chicken korma  Rice  Naan bread | Shepherd’s Pie  Seasonal vegetables  Gravy | Cheese, lettuce and tomato wrap  Diced potatoes  Coleslaw  Soup | Fish fingers  Chips  Garden peas  Ketchup |
| **Yellow (Meat Free)** | Veggie Spaghetti Bolognese  Garlic bread  Seasonal vegetables | Mild quorn korma  Rice  Naan bread | Veggie Shepherd’s Pie  Creamy mashed potatoes  Seasonal vegetables Gravy | Cheese, lettuce and tomato wrap  Diced potatoes  Coleslaw  Soup | Salmon fingers  Chips  Garden peas  Ketchup |
| **Blue Option** | Jacket potato with chilli con carne | Jacket potato with ham & coleslaw | Jacket potato with tuna mayonnaise | Jacket potato  Cheese and baked beans | Jacket potato with cheese or tuna |
| Desert Table  (choice of 1) | Chocolate chip cookie  Fresh fruit  Yoghurts  Cheese & crackers | Chocolate brownie/Jelly  Fresh fruit  Yoghurts  Cheese & crackers | Jam & coconut sponge Fresh fruit  Yoghurts  Cheese & crackers | Peach crumble and custard  Fresh fruit  Yoghurts  Cheese & crackers | Choc chip cookie  Fresh fruit  Yoghurts  Cheese & crackers |

**Bread available every day**

**WEEK 3**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY  (Pasta Day) | TUESDAY  (Tuck in Tuesday) | WEDNESDAY  (Warming Wednesday) | THURSDAY  (Favorites Day) | FRIDAY  (Frishday) |
|  |  |  |  |  |  |
| **Red (Meat)** | Macaroni cheese  Tomato bread  Seasonal vegetables | Cheese & Ham pizza  Seasoned wedges  Spaghetti hoops | Chicken and vegetable hotpot  Mashed potatoes  Seasonal vegetables | Grilled sausage  Hash browns  Baked beans | Fish bites  Chips  Garden peas  Ketchup |
| **Yellow (Meat Free)** | Macaroni cheese  Tomato bread  Seasonal vegetables | Cheese & tomato pizza Creamy coleslaw  Spaghetti hoops | Quorn and vegetable hotpot  Mashed potatoes  Seasonal vegetables | Grilled veggie sausage  Hash browns  Baked beans | Vegetable fingers  Chips  Garden peas  ketchup |
| **Blue Option** | Jacket potato with ham & Coleslaw | Jacket potato with  Cheese & coleslaw | Jacket potato with tuna mayonnaise | Jacket potato with cheese & beans | Jacket potato with cheese |
| Desert Table  (choice of 1) | Ginger biscuit  Fresh fruit  Yoghurts  Cheese & crackers | Iced sponge  Fresh fruit  Yoghurts  Cheese & crackers | Cherry flapjack/jelly  Fresh fruit  Yoghurts  Cheese & crackers | Pineapple muffin  Fresh fruit  Yoghurts  Cheese & crackers | Chocolate cornflake cake  Fresh fruit  Yoghurts  Cheese & crackers |

**Bread available every day**