**Duxford Primary School Menu**

**WEEK 1**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY(Pasta Day) | TUESDAY(Tuck in Tuesday) | WEDNESDAY(Warming Wednesday) | THURSDAY(Favorites Day) | FRIDAY(Frishday) |
|  |  |  |  |  |  |
| **Red (Meat)** | Beef LasagneGarlic BreadSeasonal vegetables | Sawston bangers and mash! Spaghetti hoops | Roast Chicken Roast potatoesSeasonal vegetablesStuffing and gravy | Sawston Beef Burger Seasoned wedgesBaked beans/salad | Battered Fish fillet Chips Garden peas Ketchup  |
| **Yellow (Meat free)** | Vegetarian Lasagne Garlic BreadSeasonal vegetables | Veggie Sawston bangers and mash!Spaghetti hoops | Roasted vegetables in Yorkshire puddingRoast potatoesSeasonal vegetablesStuffing and gravy | Sawston Veggie Burger Seasoned wedgesBaked beans/salad | Quorn dippers Chips Garden peasKetchup  |
| **Blue option** | Jacket potato with cheese or beans  | Jacket potato with cheese or coleslaw | Jacket potato with tuna mayonnaise  | Jacket potato with ham  | Jacket potato with cheese or tuna |
| Desert Table(choice of 1) | ShortbreadFresh fruitYoghurtsCheese & crackers | Apple crumble with custardFresh fruitYoghurtsCheese & crackers | Jelly or cherry muffinFresh fruitYoghurtsCheese & crackers | Jam tart Fresh fruitYoghurtsCheese & crackers | Waffle and sauceFresh fruitYoghurtsCheese & crackers |

**Bread available every day**

**WEEK 2**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY(Pasta Day) | TUESDAY (Tuck in Tuesday) | WEDNESDAY (Warming Wednesday) | THURSDAY(Favorites Day) | FRIDAY (Frishday) |
|  |  |  |  |  |  |
| **Red (Meat)** | Spaghetti BologneseGarlic breadSeasonal vegetables | Mild chicken korma Rice Naan bread | Shepherd’s Pie Seasonal vegetablesGravy | Cheese, lettuce and tomato wrap Diced potatoes ColeslawSoup | Fish fingers ChipsGarden peasKetchup |
| **Yellow (Meat Free)** | Veggie Spaghetti Bolognese Garlic breadSeasonal vegetables | Mild quorn korma Rice Naan bread | Veggie Shepherd’s PieCreamy mashed potatoesSeasonal vegetables Gravy | Cheese, lettuce and tomato wrap Diced potatoes ColeslawSoup | Salmon fingers Chips Garden peasKetchup |
| **Blue Option** | Jacket potato with chilli con carne | Jacket potato with ham & coleslaw  | Jacket potato with tuna mayonnaise  | Jacket potato Cheese and baked beans  | Jacket potato with cheese or tuna |
| Desert Table(choice of 1) | Chocolate chip cookieFresh fruitYoghurtsCheese & crackers | Chocolate brownie/JellyFresh fruitYoghurtsCheese & crackers | Jam & coconut sponge Fresh fruitYoghurtsCheese & crackers | Peach crumble and custard Fresh fruitYoghurtsCheese & crackers | Choc chip cookieFresh fruitYoghurtsCheese & crackers |

**Bread available every day**

**WEEK 3**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | MONDAY(Pasta Day) | TUESDAY(Tuck in Tuesday) | WEDNESDAY(Warming Wednesday) | THURSDAY (Favorites Day) | FRIDAY(Frishday) |
|  |  |  |  |  |  |
| **Red (Meat)** | Macaroni cheeseTomato breadSeasonal vegetables | Cheese & Ham pizzaSeasoned wedgesSpaghetti hoops | Chicken and vegetable hotpotMashed potatoes Seasonal vegetables | Grilled sausageHash brownsBaked beans | Fish bites Chips Garden peas Ketchup  |
| **Yellow (Meat Free)** | Macaroni cheeseTomato breadSeasonal vegetables | Cheese & tomato pizza Creamy coleslaw Spaghetti hoops | Quorn and vegetable hotpotMashed potatoes Seasonal vegetables | Grilled veggie sausageHash brownsBaked beans | Vegetable fingers ChipsGarden peasketchup |
| **Blue Option** | Jacket potato with ham & Coleslaw | Jacket potato withCheese & coleslaw | Jacket potato with tuna mayonnaise  | Jacket potato with cheese & beans | Jacket potato with cheese |
| Desert Table(choice of 1) | Ginger biscuitFresh fruitYoghurtsCheese & crackers | Iced spongeFresh fruitYoghurtsCheese & crackers | Cherry flapjack/jelly Fresh fruitYoghurtsCheese & crackers | Pineapple muffinFresh fruitYoghurtsCheese & crackers | Chocolate cornflake cake Fresh fruitYoghurtsCheese & crackers |

**Bread available every day**