



Statement of Curriculum Intent- PE

The overarching aim of the Physical Education curriculum at Duxford CofE Community Primary School is:

Children will be inspired to succeed and excel in competitive sport and other physically demanding activities. Children will be safe, cooperative, reflective, and understand rules when expressing themselves physically.

Our aim is that all children leave this school able to:

- Express themselves safely.
- Perform with confidence in a range of physical activities.
- Understand the role of teamwork and self-reflection to help aid their progress.
- Use their knowledge of rules to develop tactics.
- Understand the importance of health and well being and use these in their daily lives, not just in a sporting environment.

The curriculum coverage ensures this by:

- Allowing children to master movements and develop flexibility, strength, technique, control and balance (for example, through athletics and gymnastics) balance, agility and coordination, to apply these in a range of activities.
- Providing ample opportunities for the development of team work and attacking and defending tactics.
- Using comparison of previous performances to demonstrate improvement to achieve their personal best.
- Playing competitive games, modified where appropriate (for example, badminton, basketball, cricket, football, hockey, netball, rounders and tennis), and apply basic principles suitable for attacking and defending.
- swimming competently, confidently and proficiently over a distance of at least 25 metres, using a range of strokes in a safe manner.

Teaching should ensure that there is a regular review of prior learning at the start of each lesson. Key vocabulary should be actively taught and definitions learned by children. Lessons should be planned so that children learn important information in a logical sequence and that lessons are learning not 'doing'. Teaching should be supported by adults and children, allowing children to critique, reflect, praise and referee other children. Wherever possible, children should be facilitated to apply the world of sport into their daily lives. The use of technology is actively encouraged to aide children in seeing their own and others movements.

Progression through the subject is planned to ensure that the content of the National Curriculum is taught in a logical way that builds on previous knowledge and skills through a structured sequence of lessons so teachers can ensure that they have covered the skills required to push the children effectively. Previous mastered skills will be used to push students physical and mental progression, these skills will be explicitly noted and drawn out of other subjects within the school curriculum.

We ensure that this curriculum links with other areas of curriculum by making a connection between the importance of physical health and mental well being and how this affects our daily lives. We ensure that children realise the positive effect of expression, the use of teamwork and cooperation and self-reflection in sporting and competitive environments and the positive application of these skills in their daily working and social lives.

Curriculum progression is as follows: See subject curriculum implementation.

We ensure that this curriculum links with other areas of curriculum by providing experiences and opportunities that both support and develop knowledge, language and skill.