

Year Group: UKS1

Unit: Animals Including Humans

Subject: Science

How do living things grow and where do they come from?

Animals Including Humans

Year 2

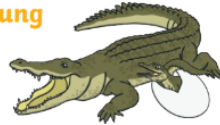
Key Vocabulary

adult	An adult is a fully grown animal or plant.
develop	To develop is to grow and change over time.
life cycle	The life cycle of a living thing shows the changes it goes through to become an adult.
offspring	Offspring are the living things produced by a parent.
young	Young are offspring that have not reached adulthood.
live young	Live young are offspring that have not hatched from an egg.

Some animals give birth to **live young**.



Other animals lay eggs which the **young** hatch from.



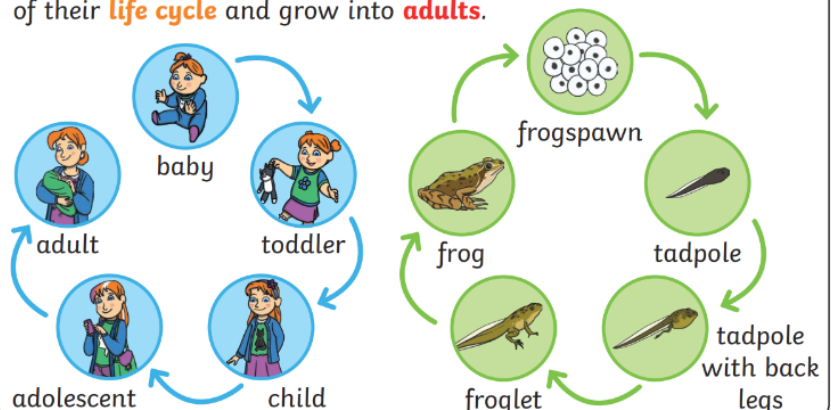
Some **offspring** look like their **adult** when they are born.



Some **offspring** do not look like their **adult** when they are born.



All **young** animals change as they go through the different stages of their **life cycle** and grow into **adults**.



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Key Vocabulary

diet	An animal's diet is the food and water that it needs to stay alive and healthy.
exercise	Exercise is any physical activity that keeps your body fit.
germs	Germs are tiny things that can cause infections and illnesses.
hygiene	Hygiene is how we keep ourselves and the world around us clean so we can stay healthy and stop germs spreading.
nutrition	Nutrients are the things in food we need to stay alive and healthy.

Basic Needs for Survival

All animals have three basic needs for survival.



air



water



food



shelter



warmth



sleep

It's important to eat a balanced **diet** to stay healthy.

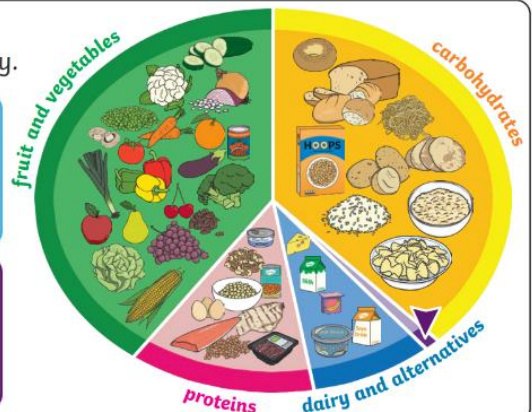
Being active and **exercising** keeps our bodies and minds healthy.



Drink water throughout the day.



oils and spreads



It's important to have good **hygiene** to keep germs from spreading.

