## Week 1

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |  |  |
|---|--|--|--|--|--|--|
| Meatballs and pasta in a tomato sauce Seasonal vegetables   | Pepperoni Pizza<br>Seasoned Wedges<br>Seasonal Vegetables            | Roast Chicken<br>Roast Potatoes<br>Seasonal vegetables | Pork sausages<br>Hash Browns<br>Baked Beans          | Omega 3 Fish fingers<br>Chips<br>Garden peas           |  |  |
| Quorn and pasta in a<br>tomato sauce<br>Seasonal Vegetables | Cheese and tomato<br>pizza<br>Seasoned Wedges<br>Seasonal Vegetables | Quorn Fillets<br>Roast Potatoes<br>Seasonal vegetables | Veggie Sausage<br>Hash browns<br>Baked Beans         | Vegetable Fingers<br>Chips<br>Garden Peas              |  |  |
| Baked Potato with tuna and side salad                       | Baked potato with<br>Ham and side salad                              | Baked Potato with cheese and side salad                | Baked Potato with<br>tuna and side<br>salad          | Baked Potato with cheese and side salad                |  |  |
| Filled roll with tuna,<br>side salad and tortilla<br>chips  | Filled roll with ham,<br>side salad and<br>tortilla chips            | Filled roll with cheese, side salad and tortilla chips | Filled roll with tuna, side salad and tortilla chips | Filled roll with cheese, side salad and tortilla chips |  |  |
| Shortbread cookie<br>Fresh Fruit<br>Yogurts                 | Chocolate Brownie Fresh fruit Cheese and crackers                    | Fruit jelly<br>Fresh fruit<br>Yogurts                  | Pineapple Sponge Fresh fruit cheese and crackers     | Ice Cream<br>Fresh fruit<br>Yogurts                    |  |  |
|   |  |  |  |  |  |  |

## Week 2

|   | Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|--|
|   | Macaroni Cheese                                     | Sweet and sour   | Toad in hole   | Fish finger wrap                                 | Chicken grill  |
|   | Garlic Bread  | Chicken with fluffy  | Creamy mash  | Crispy potatoes                                  | Chips  |
|   | Seasonal vegetables                                 | rice   | Seasonal vegetables  | Baked Beans                                      | Garden peas  |
|   |   | Seasonal Vegetables  |  |  |  |
|   |   | Quorn sweet and sour with fluffy rice Seasonal Vegetables    | Veggie toad in hole<br>Creamy mash<br>Seasonal vegetables  | Veggie fingers<br>crispy potatoes<br>Baked Beans | Quorn dippers<br>Chips<br>Garden Peas                  |
|   | Baked Potato with ham and side salad                | Baked potato with chicken mayo and side salad                | Baked Potato with tuna and side salad                      | Baked Potato with cheese and side salad          | Baked Potato with salmon and side salad                |
|   | Filled roll with Ham, side salad and tortilla chips | Filled roll with chicken mayo, side salad and tortilla chips | Filled roll with tuna,<br>side salad and<br>tortilla chips | Filled roll with, side salad and tortilla chips  | Filled roll with Salmon, side salad and tortilla chips |
|   | Ginger Biscuit<br>Fresh Fruit                       | Fudge Tart Fresh fruit                                       | Blueberry muffin<br>Fresh fruit                            | Flapjack<br>Fresh fruit                          | Waffle with sauce<br>Fresh fruit                       |
| - | Yogurts   | Cheese and crackers  | Yogurts  | cheese and crackers                              | Yogurts  |
| - |   |  |  |  |  |